**Indie McDowell**

**RM, BA Hons (Cantab), BSc Hons, MA**

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**EDUCATION**

**2013 – 2016 Shrewsbury and Telford NHS Trust**

With Staffs University to Bachelor of Sciences Honours (BSc Hons)

Midwifery Practice

**2016 University of Cambridge, UK**

Admitted to Master of the Arts (MA)

**2009 – 2013 University of Cambridge, UK**

Admitted to Bachelor of the Arts Honours (BA Hons (Cantab))

Anthropology, special interest medical anthropology

**ADDITIONAL QUALIFICATIONS**

**December 2016** Johns Hopkins and USAID Global Health eLearning

**December 2016** MISP for Reproductive Health, IWAG on Reproductive Health in Crisis

**June 2016** Breastfeeding Management, UNICEF BFI

**April 2016** FGM: Recognition and Prevention, Home Office, UK

**June 2015** Child Protection Training, SaTH NHS Trust, UK

**March 2011** MLDP (Military Leadership Development Programme), CUOTC, British Army

**September 2009** Duke of Edinburgh Gold Award, UK

**AWARDS AND SCOLARSHIPS**

**September 2019** The Clinic shortlisted for the International Maternity Expo 2019 Inclusion Award

**November 2018** Shortlisted for Ascham Leadership Scholarship (AU$10,000)

**October 2018** Recipient of Small Grants Programme funding from EthiopiAid (£15,300)

**November 2016** Shortlisted for Edith Cavell Nurse's Trust's Leadership Award

**April 2015** Recipient of the Iolanthe Trust's Student Midwife Award (£1,500)

**June 2011** Recipient of University of Cambridge, Susan Skilliter Travel Bursary (£1,500)

**July 2009** Recipient of Kent College, Pembury's Prize for Outstanding Contribution to School Life

**July 2009** Recipient of VSU Kent's Young Volunteer of the Year Award

**2007-2009** Recipient of Kent College, Pembury's Sixth Form Scholarship

**PUBLICATIONS**

**British Journal of Midwifery, Vol 27, Issue 7, Pages 460-461**

“Why Midwives Alone Are Not Enough”

**The Practising Midwife, July/Aug 2019, Pages 32-34**

“Rethinking Risk: Midwifery Across Boundaries”

**British Journal of Midwifery, Vol 26, No 11**

“Sitting on Sandstone: Experiencing Maternal Death"

**Midwifery Matters, Autumn Issue 158, Pages 10-11**

“A Life of Laughter and Love: Coming to Terms with Withdrawal of Care"

**British Journal of Midwifery, Vol 25, No 8, Pages 536-537**

“I Remember, Too: A Midwife's Experience of Stillbirth”

**Nursing Standard, Vol 31, Issue 15, Page 36**

“What It Means To Be A Midwife"

**CONFERENCES**

**November 2015** Royal College of Midwives (RCM), Annual Conference, Telford, UK

“Relational Autonomy, Dislocated Women, and Midwifery in Contemporary Society"

**June 2015** North American Refugee Health Conference, Toronto, Canada

“Rethinking Consent: Relational Autonomy in Displaced Women"

**EMPLOYMENT HISTORY**

**January 2018 – Present** The Clinic, Gubrye, SNNPR, Ethiopia

www.atsedeandindiesclinic.com

I am the Medical Director of an 8-roomed health facility in Gubrye, Ethiopia, serving a catchment area of 30,000 people. I was awarded several grants from philanthropic organisations to design, project manage, build, equip, and stock the Clinic and have since been working both as the Administrator and Medical Director, managing the provision of clinical services and a staff of nine. The facilities include an Emergency Room, Maternal and Child Health Outpatients Department, Delivery Room, Postnatal Room, Laboratory, and Pharmacy. In my capacity as Director I have secured several funds for the construction of the Clinic as well as for subsequent programmes. I also work clinically as the Senior Lead Midwife and Lead Neonatal Nurse, responsible for managing obstetric complications, emergencies, and referrals.

**August 2016 – March 2018** Attat Hospital, SNNPR, Ethiopia

I worked alongside a team of surgeons, nurses, and midwives to provide antenatal, intrapartum, and postnatal care to high- and low-risk women. As the only midwife trained to degree level, I was responsible for taking the lead in the Delivery, Postnatal, and Maternity ICU Rooms, which saw over 4500 births in this period, as well as accepting incoming emergency transfers, managing obstetric and neonatal emergencies, and scrubbing as the second surgeon for cesearean sections, repairs of uterine and bladder ruptures, emergency hysterectomies, BTL (bitubal ligation), and craniotomy deliveries. I also maintained an active role in establishing and running the fledgling Neonatal Services, being on-call day and night for high-risk deliveries, neonatal collapses, resuscitations, and Emergency Room attendees.

**August 2015 – October 2015** Midwifery Secondment, Cambodia

During this time, I had the opportunity to experience various elements of maternal and neonatal health across Cambodia. I spent time on the Labour Ward at the National Maternal and Child Health Centre, Phnom Penh, and on the Neonatal Unit at Calmette Hospital, Phnom Peng. I also participated in teaching neonatal resuscitation to midwives and TBAs in the north-eastern provinces of Ratanikiri, Kratie, and Mondulkiri as part of a programme designed by Care Int, Save the Children, and UNICEF. My final placement was with Mother's Heart, a charity based in Phnom Penh, where I worked alongside the midwives and social workers providing crisis pregnancy counselling as well as antenatal, intrapartum, and postnatal care.

**May 2014 – July 2014** Nkhotakota District Hospital, Malawi

I spent this time working clinically on the Labour Ward. I was involved in antenatal and intrapartum care, accepting and managing emergency transfers, attending deliveries, and taking the leading role in neonatal resuscitation. I also attended daily Grand Round meetings, presented at the mortality and morbidity reports, and participated in teaching sessions on yellow fever, dengue fever, malaria, HIV, and TB.

**August 2012 – November 2012** UNICEF, Bishkek, Kyrgyzstan

My time with UNICEF was spent working alongside the Maternal and Neonatal Health Team. This involved writing and reviewing internal reports and funding applications, taking part in qualitative research into the effects of and attitudes towards “Gulazyk" (a micronutrient programme for children aged 6-36 months), travelling to the unstable southern regions of the country to interview benefactors and health practitioners, organising and hosting meetings with implementing partners, potential donors, and Kyrgyz Government officials, and liaising with the country branch offices.

**October 2010 – July 2012** British Territorial Army CUOTC

I was involved in military and adventurous training as a member of the Territorial Army CUOTC Artillery Wing. This included leadership development, strategy planning, confidence- and team-building, and survival, navigational, and military skills.

**REFERENCES**

Provided on request.